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| **Role profile:** |
| **Role title:**  Young Person’s Therapist | **Reports to:** Young Oasis Manager  |
| **Team:** Young Oasis | **Salary range:** £24,500 to £26,169 per year FTE  |
| **Hours:**  22.5 hours per week over 3 days | **Location:** Brighton |
| **Contract type:** Permanent |
| **Purpose of the role:** The Young Person’s Therapist will work with children and young people aged between 5 and 18 years who are affected by familial substance/alcohol misuse. This will involve processing referrals; promoting the service; running therapeutic sessions; liaising with other professional agencies; care planning and review; inputting into child protection processes; and service evaluation. The therapist will, at times, support and supervise a small team of volunteers including volunteer therapists on placement.  |

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| **Responsibilities:** |
| * Provide psychotherapy to young people affected by familial substance misuse
* Offer initial consultations to parents, kinship carers or foster carers to help identify the impact of family alcohol or drug problems on children,
* facilitate open conversations about children’s experience of parental alcohol or drug problems that lay the ground for therapeutic work
* Liaise with referrers to help support them to make appropriate referrals and to have authentic and positive conversations with families about accessing child psychotherapy
* Meet with parent/carers and children to encourage therapeutic and relational conversations about traumatic experiences in family life
* Develop individual psychotherapy treatment plans for children
* Review treatment plans with parents or carers
* Contribute to multi-disciplinary meetings including Child Protection and Child in Need meetings
* Use appropriate techniques and interventions to help children build healthy relationship and process trauma
* Engage authentically in clinical supervision and line management
* Work alongside social workers, schools and other professionals effectively as part of a professional network
* Engage in team meetings in a professional and supportive manner
* Facilitate groups and collaborative learning
* Make effective use of psychological outcome measures and case studies
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| **Child and Adult Safeguarding*** Be committed to the safeguarding of children and adults affected by substance misuse
* Be familiar with best safeguarding practice and procedures, making awareness of documentation pathways at Oasis a priority and taking appropriate action as necessary
* To keep up to date with training
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| **Service commitment and accountability*** Writing good quality notes and making use of computer systems
* Ability to reflect on and develop best practice
* Prepare reports for different audiences

**Values and Ethos*** Demonstrate commitment to the vision and values of Oasis and understand how your own behaviour and actions impact this
* Contribute to maintaining a culture of shared ownership and responsibility that supports Oasis in achieving its overall mission
* Understand and commit to equality, diversity and inclusion best practice
* Be aware of and commit to working in a way that is ‘trauma informed’ and recognise this approach as part of Oasis’ overall commitment to providing gender responsive services
* Observe professional boundaries in relationships with service users, peers and other relevant professionals
* Participate in the continuous improvement of Oasis’ services

**Compliance*** Ensure that Oasis and its services are represented in a professional manner at all times
* Meet agreed performance targets and outcomes
* Use management information and data as appropriate
* Comply at all times with health and safety regulations
* Ensure risk assessments are completed as appropriate
* Take personal responsibility for own safety
* Comply with all relevant policy and procedure, standards and codes of conduct and meet with regulatory requirements
* Comply with Oasis’ policy and procedure particularly confidentiality and data protection guidance
* Use IT and databases to keep records up to date in line with agreed processes
* Undertake any other reasonable duties as requested by the line manager

**Communication and Relationships*** Contribute to the prevention and management of abusive, aggressive and challenging behaviour
* Work as an effective member of the team
* Promote effective communication for and about children and young people to include communication about difficult, complex and sensitive issues
* Support young people to communicate
* Work with volunteers and/or supervise students
* Participate in inter-disciplinary team working to support children
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| **Problem Solving and analysis** |
| * Develop and disseminate information and advice about health and social well being
* Apply recognised theoretical models to enable individuals and groups to identify and explore concerns relating to their substance misuse
* Contribute proactively to the principle of continuous improvement by making positive suggestions and constructive feedback and helping with the implementation of agreed new ways of working
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| **Continuous Development** |
| * Reflect on and develop your own practice
* Monitor your own performance to ensure it meets expectations and agreed performance targets
* Make use of supervision opportunities, ensuring there is two-way dialogue
* Participate in training and other development opportunities
* Contribute to the development and knowledge of others by sharing your experience and skills
* Committed to continuous professional development as required by UKCP, HPC
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| **PERSON SPECIFICATION** | **Essential or Desirable** |
| MA / MSc training in integrative arts psychotherapy or equivalent | Essential |
| Registration with appropriate professional body e.g. UKCP, BACP, HPC | Essential |
| Minimum of 2 years’ experience of working with children/young people | Desirable |
| Proven track record of using creative arts therapy | Essential |
| Knowledge and experience of safeguarding procedures and responsibilities, confidentiality procedures and data protection guidelines | Essential |
| Skilled to work as an independent clinician involving analysing, evaluating and interpreting complex therapeutic situations | Essential |
| Knowledge of issues facing substance misusers | Essential |
| Knowledge of clinical governance, including evidence based practice audit and basic research tools  | Essential |
| Proven verbal and written communication skills with excellent IT skills and database inputting | Essential |
| Experience of working in partnership with other agencies | Essential |
| Ability to work effectively as part of a team as well as on own initiative  | Essential |
| Resilient attitude and ability to work in a way that is reflective, adaptable and non-judgmental and adheres to professional boundaries at all times | Essential |
| Experience of managing a caseload of clients in line with agreed processes | Essential |
| Knowledge and experience of safeguarding procedures and processes, confidentiality procedures and data protection guidelines | Essential |
| Experience of teaching and delivering presentations | Desirable |

The post is subject to the satisfactory completion of a Disclosure and Barring Service (DBS - formally CRB) check at an enhanced level.

This job description accurately reflects the present position; it may be reviewed and amended but only after a proper period of consultation.