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| **Role profile:** | |
| **Role title:**  Young Person’s Therapist | **Reports to:** Young Oasis Manager |
| **Team:** Young Oasis | **Salary range:** £24,500 to £26,169 per year FTE |
| **Hours:**  22.5 hours per week over 3 days | **Location:** Brighton |
| **Contract type:** Permanent | |
| **Purpose of the role:** The Young Person’s Therapist will work with children and young people aged between 5 and 18 years who are affected by familial substance/alcohol misuse. This will involve processing referrals; promoting the service; running therapeutic sessions; liaising with other professional agencies; care planning and review; inputting into child protection processes; and service evaluation. The therapist will, at times, support and supervise a small team of volunteers including volunteer therapists on placement. | |

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| **Responsibilities:** |
| * Provide psychotherapy to young people affected by familial substance misuse * Offer initial consultations to parents, kinship carers or foster carers to help identify the impact of family alcohol or drug problems on children, * facilitate open conversations about children’s experience of parental alcohol or drug problems that lay the ground for therapeutic work * Liaise with referrers to help support them to make appropriate referrals and to have authentic and positive conversations with families about accessing child psychotherapy * Meet with parent/carers and children to encourage therapeutic and relational conversations about traumatic experiences in family life * Develop individual psychotherapy treatment plans for children * Review treatment plans with parents or carers * Contribute to multi-disciplinary meetings including Child Protection and Child in Need meetings * Use appropriate techniques and interventions to help children build healthy relationship and process trauma * Engage authentically in clinical supervision and line management * Work alongside social workers, schools and other professionals effectively as part of a professional network * Engage in team meetings in a professional and supportive manner * Facilitate groups and collaborative learning * Make effective use of psychological outcome measures and case studies |
| **Child and Adult Safeguarding**   * Be committed to the safeguarding of children and adults affected by substance misuse * Be familiar with best safeguarding practice and procedures, making awareness of documentation pathways at Oasis a priority and taking appropriate action as necessary * To keep up to date with training |
| **Service commitment and accountability**   * Writing good quality notes and making use of computer systems * Ability to reflect on and develop best practice * Prepare reports for different audiences   **Values and Ethos**   * Demonstrate commitment to the vision and values of Oasis and understand how your own behaviour and actions impact this * Contribute to maintaining a culture of shared ownership and responsibility that supports Oasis in achieving its overall mission * Understand and commit to equality, diversity and inclusion best practice * Be aware of and commit to working in a way that is ‘trauma informed’ and recognise this approach as part of Oasis’ overall commitment to providing gender responsive services * Observe professional boundaries in relationships with service users, peers and other relevant professionals * Participate in the continuous improvement of Oasis’ services   **Compliance**   * Ensure that Oasis and its services are represented in a professional manner at all times * Meet agreed performance targets and outcomes * Use management information and data as appropriate * Comply at all times with health and safety regulations * Ensure risk assessments are completed as appropriate * Take personal responsibility for own safety * Comply with all relevant policy and procedure, standards and codes of conduct and meet with regulatory requirements * Comply with Oasis’ policy and procedure particularly confidentiality and data protection guidance * Use IT and databases to keep records up to date in line with agreed processes * Undertake any other reasonable duties as requested by the line manager   **Communication and Relationships**   * Contribute to the prevention and management of abusive, aggressive and challenging behaviour * Work as an effective member of the team * Promote effective communication for and about children and young people to include communication about difficult, complex and sensitive issues * Support young people to communicate * Work with volunteers and/or supervise students * Participate in inter-disciplinary team working to support children |
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| **Problem Solving and analysis** |
| * Develop and disseminate information and advice about health and social well being * Apply recognised theoretical models to enable individuals and groups to identify and explore concerns relating to their substance misuse * Contribute proactively to the principle of continuous improvement by making positive suggestions and constructive feedback and helping with the implementation of agreed new ways of working |
| **Continuous Development** |
| * Reflect on and develop your own practice * Monitor your own performance to ensure it meets expectations and agreed performance targets * Make use of supervision opportunities, ensuring there is two-way dialogue * Participate in training and other development opportunities * Contribute to the development and knowledge of others by sharing your experience and skills * Committed to continuous professional development as required by UKCP, HPC |

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| **PERSON SPECIFICATION** | **Essential or Desirable** |
| MA / MSc training in integrative arts psychotherapy or equivalent | Essential |
| Registration with appropriate professional body e.g. UKCP, BACP, HPC | Essential |
| Minimum of 2 years’ experience of working with children/young people | Desirable |
| Proven track record of using creative arts therapy | Essential |
| Knowledge and experience of safeguarding procedures and responsibilities, confidentiality procedures and data protection guidelines | Essential |
| Skilled to work as an independent clinician involving analysing, evaluating and interpreting complex therapeutic situations | Essential |
| Knowledge of issues facing substance misusers | Essential |
| Knowledge of clinical governance, including evidence based practice audit and basic research tools | Essential |
| Proven verbal and written communication skills with excellent IT skills and database inputting | Essential |
| Experience of working in partnership with other agencies | Essential |
| Ability to work effectively as part of a team as well as on own initiative | Essential |
| Resilient attitude and ability to work in a way that is reflective, adaptable and non-judgmental and adheres to professional boundaries at all times | Essential |
| Experience of managing a caseload of clients in line with agreed processes | Essential |
| Knowledge and experience of safeguarding procedures and processes, confidentiality procedures and data protection guidelines | Essential | |
| Experience of teaching and delivering presentations | Desirable | |

The post is subject to the satisfactory completion of a Disclosure and Barring Service (DBS - formally CRB) check at an enhanced level.

This job description accurately reflects the present position; it may be reviewed and amended but only after a proper period of consultation.